

# 5-Minute Time Planner™

Use simple notation under the Activity column to identify the activity you are planning to do for each 5-minute time segment. First enter your highest priority items based on what you most value.

	Activity		Activity		Activity		Activity		Activity		Activity
7:30a		9:50		12:10		2:10		4:30		6:55	
7:35		9:55		12:15		2:15		4:35		7:00p	
7:40		10:00a		12:20		2:20		4:40		7:05	
7:45		10:05		12:25		2:25		4:45		7:10	
7:50		10:10		12:30		2:30		4:50		7:15	
7:55		10:15		12:35		2:35		4:55		7:20	
8:00a		10:20		12:40		2:40		5:00p		7:25	
8:05		10:25		12:45		2:45		5:05		7:30	
8:10		10:30		12:50		2:50		5:10		7:35	
8:15		10:35		12:55		2:55		5:15		7:40	
8:20		10:40		1:00p		3:00p		5:20		7:45	
8:25		10:45		1:05		3:05		5:25		7:50	
8:30		10:50		1:10		3:10		5:30		7:55	
8:35		10:55		1:15		3:15		5:35		8:00p	
8:40		11:00a		1:20		3:20		5:40		8:05	
8:45		11:05		1:25		3:25		5:45		8:10	
8:50		11:10		1:30		3:30		5:55		8:15	
8:55		11:15		1:35		3:35		6:00p		8:20	
9:00a		11:20		1:40		3:40		6:05		8:25	
9:05		11:25		1:45		3:45		6:10		8:30	
9:10		11:30		1:50		3:50		6:15		8:35	
9:15		11:35		1:55		3:55		6:20		8:40	
9:20		11:40		1:40		4:00p		6:25		8:45	
9:25		11:45		1:45		4:05		6:30		8:50	
9:30		11:50		1:50		4:10		6:35		8:55	
9:35		11:55		1:55		4:15		6:40		9:00p	
9:40		12:00p		2:00p		4:20		6:45		9:05	
9:45		12:05		2:05		4:25		6:50		9:10	